

Welcome *home*

From Francesco and Natalia, your hosts

We hope your first impression was a good one and your journey a smooth one. This little guide reflects the tastes of people who have lived Polignano every day for many years: it is not a Michelin guide, just a compass to start your adventure. For everything else, follow the sound of the sea and the music of this place.

01

Getting in

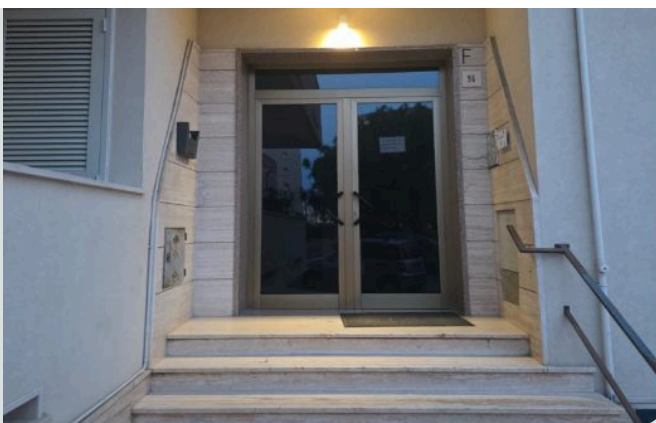
Via Don Luigi Sturzo 96F, Polignano a Mare. With self check-in you can arrive late in the evening too: just tell us when.

Check-in · 15:00 – 20:00

Check-out · by 11:00

1 The building

The flat is on the second and top floor of this building.



2 The main door

Ring the “Volere Volare” bell for one second: the door opens by itself after a couple of seconds.



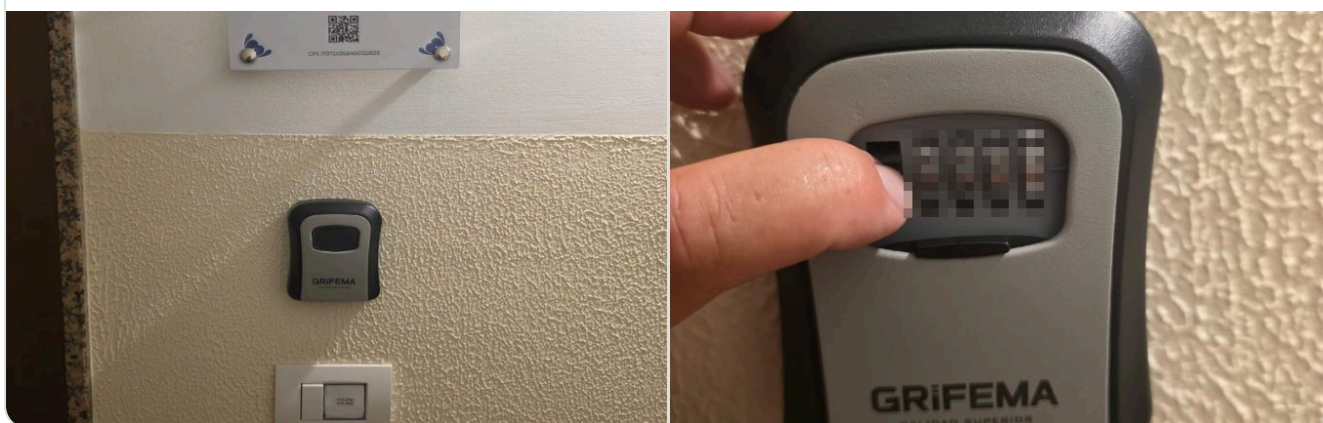
3 Second floor, on the left

Take the stairs to the second floor: the flat is on your left.



4 The key box

To the right of the door there's a key box. Enter the code we sent you and open it by sliding the black plastic tab down.



The **key-box code** is sent to you privately before you arrive: for safety it is not on this page. Haven't received it? Message us.

02

Important notes



Heating (winter)

On only when needed, set to 20 °C and managed remotely. To change the temperature just message us and we will take care of it.



Air conditioning (summer)

In every room, set separately for the living area (control in the kitchen/living room) and the sleeping area (control in the corridor). Keep a steady temperature, and keep windows closed while it is on, otherwise the system stops.



Fuse box

At the entrance, to the left of the door. All switches are set to "ON": please don't touch them.



Recycling

Compulsory in Polignano. On the balcony you'll find labelled bins for each type of waste. Thank you for helping us protect this place.



Wi-Fi

Free. The router is on the TV unit: press its power button once for one second and scan the QR code shown on the TV screen. Please don't move the router: the TV and home automation use it too.



Quiet hours

Throughout the building from 11 pm to 7 am.



Smoking

Outside only, on the balconies, where you'll find an ashtray. Never drop ash or butts over the balcony.

Your home

Where to find things, room by room.

Bedrooms

Plenty of storage in both bedrooms. You'll find fresh sheets and a set of towels for each guest (small, medium, large); linen is changed once a week.

The large bedroom has a safe: instructions for setting your own code are inside it. The blackout shutters are electric, with the switch next to them.

Bathroom

Liquid soap, shower gel and shampoo should last your whole stay; if you need a refill, message us. The hairdryer is in the drawer under the sink. Electric shutter, switch next to the light/mirror switch.

Kitchen and dining

Extending table with 4 chairs, plus 4 extra chairs on the balcony. Along the kitchen wall, from left to right:

- Fan oven and microwave
- Gas hob
- Drawers with cutlery, utensils, pots and pans
- Cupboards with plates, cups and glasses (more in the unit by the table)
- Cleaning products, cloths and dishwasher tablets
- Dishwasher
- Espresso machine with pods and cups
- Knives, fridge and freezer

Coffee pods are limited: you can buy more at the main supermarkets.

Living room and TV

Sofa bed, coffee table and smart TV with Italian and international satellite channels and Netflix included; the remote is on the TV unit.

The sofa bed has a protective cover: please don't remove it (any damage caused by removing it will be charged). If you want to use it as a bed, let us know in advance so we can prepare the sheets (extra).

Utility room

For you to use: cleaning trolley with broom, dustpan and products, iron and ironing board, spare toilet paper and a first-aid kit. Please don't move the other materials.

Balconies

On the sea-view balcony: a small table with two chairs and the drying rack for your laundry. From the street-side balcony you reach the technical room with the washing machine. Please never touch the boiler there: it is dangerous.

Washing machine and laundry

The washing machine is yours to use, in the technical room on the street-side balcony. Laundry detergent is not included, although you may sometimes find some left available: you can buy it at any supermarket. To dry your laundry there is a drying rack on the sea-view balcony.

04

Groceries and local shops

Polignano's real treasure is its small shops, almost all family-run and selling local produce, most of them a short walk from the flat. A few tips from people who shop there every day.

FRESH CHEESE AND MOZZARELLA

Gioie del Latte

 [Open map](#)

Capricci del Latte

 [Open map](#)

BREAD, FOCACCIA AND PANZEROTTI

Delizie del Grano

 [Open map](#)

Panificio Cicorella

 [Open map](#)

FRUIT AND VEGETABLES

Passion Fruit

 [Open map](#)

Il Portico

 [Open map](#)

WATER, DRINKS, WINE AND SPIRITS

Maringelli Food and Beverage

 [Open map](#)

Leoteca

 [Open map](#)

MEAT

Macelleria Lippolis

 [Open map](#)

Macelleria al C7-Conad

 [Open map](#)

FISH, SEAFOOD AND SHELLFISH

Pescheria Lo Scoglio

 [Open map](#)

Pescheria da Pasqualino

 [Open map](#)

PASTRY SHOPS

Cremelit

 [Open map](#)

Pasticceria Jolly

 [Open map](#)

ICE CREAM

Irvi's

 [Open map](#)

Bella Blu

 [Open map](#)

SUPERMARKETS

MD Discount

A few minutes' walk.

 [Open map](#)

Primafila Supermercati · Rossotono

The closest one: about 200 metres from the flat.

 [Open map](#)

Imagross 3

A few minutes' walk.

 [Open map](#)

C7 - Conad

10 minutes by car: one of the largest and best stocked.

 [Open map](#)

Penny Market

10 minutes by car.

 [Open map](#)

05

Cafés, breakfast and aperitivo

A complete list would fill a book: Polignano is full of great bars, busy by day and by night. This is our personal, and therefore incomplete, list of places you can go without fear of disappointment.

Chocolate Café MORNING

On the same block, a few steps from the flat. Perfect for a relaxed morning: great Italian pastries and savoury snacks, plus a good aperitivo selection.

 [Open map](#)

Malikafe MORNING & EVENING

Five minutes' walk, by the sea, with a lovely atmosphere. Sweet and savoury breakfasts; very lively at aperitivo time.

 [Open map](#)

Begula Club Café Restaurant

MORNING & EVENING

About 10 minutes' walk, near the arch into the old town. A must for an evening aperitivo: excellent cocktails, with or without alcohol, from a professional barman. Also a restaurant, with tables inside and out.

 [Open map](#)

Beija Flor

MORNING & EVENING

Right in the old town, about 10 minutes' walk. A well-known meeting point, open late, with good-quality drinks.

 [Open map](#)

Pescheria da Pasqualino, il Re del Polpo

MORNING

Near the Domenico Modugno statue and Cala Paguro. Outstanding raw-fish, shellfish and seafood aperitivo ("Bari-style sushi") with excellent wines. Unmissable if you love it: ask for Peter.

 [Open map](#)

06

Memorable restaurants

Our favourites, by type. In summer it's worth booking almost everywhere.

PIZZA

Pizzeria Casa Mia

Neapolitan-style pizza and more, near the old town.

 [Open map](#)

Il Quadrifoglio

Out-of-the-ordinary pizzas on Via Roma, "under the notes of Volare". Booking recommended.

 [Open map](#)

Bella 'Mbriana

In the heart of the old town: thin, light pizza, great even if you're watching your waistline.

 [Open map](#)

Prelibatorio

Great pizza at unbeatable prices, near the old town.

 [Open map](#)

Terra Marique

Thin, light pizza with interesting doughs and innovative baking.

 [Open map](#)

White (Triggianello)

Superb pizza, full of passion and local produce. Worth the 15-minute drive: Francesco's favourite!

 [Open map](#)

FISH AND SEAFOOD

Antiche Mura

Truly excellent fish and crudo at very fair prices, in a historic, elegant setting.

 [Open map](#)

Calapà

Very good pasta and starters at normal prices; the outdoor terrace is lovely in summer.

 [Open map](#)

Lo Scoglio

From the founder of Pescaria: fantastic fish right in the fishmonger's. Try the raw seafood platter, oysters and shellfish. Few tables, so book.

 [Open map](#)

Trattoria dal Monaco

Good food at the right price, near the Modugno statue.

 [Open map](#)

Da Giselda

A spectacular seaside terrace near San Vito Abbey, great fish dishes at fair prices. Try it at least once, ideally for lunch.

 [Open map](#)

+39 (Conversano)

Elegant setting, high-level dishes, a great wine list, fair prices. Worth the trip to Conversano, with a stroll through its beautiful old town.

 [Open map](#)

MEAT

White (Triggianello)

Same place as the fantastic pizza: Italian and international meats, carpaccio, tartare and a superb grill.

 [Open map](#)

Leo's Braceria

Right by the flat: great meat dishes and gourmet sandwiches. For lovers of a quality burger.

 [Open map](#)

Pruna

Elegant setting, refined dishes and great wines, from the owner of a historic butcher's. A sure bet for meat lovers.

 [Open map](#)

Osteria La Barracca

A simple place about 10 minutes by car: a huge choice of starters, pizza and great meat at very fair prices.

 [Open map](#)

Proteina Rossa (Conversano)

Historic butcher's with a grill room. Fabulous "bombette", memorable T-bone and rib steak. Often full: book.

 [Open map](#)

FOR A SPECIAL OCCASION

Ristorante Tuccino

For many, us included, one of the best fish restaurants in the area, known all over Italy. Everything is excellent, with the widest wine list around. Expensive, but worth it.

 [Open map](#)

Lamare

Excellent fish restaurant in a superb location. Upper-mid level, both in the dishes and the bill.

 [Open map](#)

Meraviglioso

Michelin-starred, with great tasting menus and a beautiful spot right below the Modugno statue. Upper-mid prices.

 [Open map](#)

Terrazze Monachile

A stunning setting, excellent starters and fish dishes, a fine wine list. The bill matches: quality has its price.

 [Open map](#)

07

Beaches and coves

The nearest coves are a 10–15 minute walk; the others are an easy ride by bike, horse carriage or car.

ON FOOT

Cala Sala – Port'Alga

Free beach, no facilities.

 [Open map](#)

Lama Monachile

The free town beach, with a stunning view of the old town.

 [Open map](#)

Cala Paguro – Cala Paura

Free beach, partly equipped (umbrella and sunbed hire), close to the centre.

 [Open map](#)

BY BIKE OR CAR

Porto Cavallo

Free beach, no facilities.

 [Open map](#)

Cala San Giovanni

Sandy beach club with sunbeds, umbrellas, restaurant and pizzeria (paid).

 [Open map](#)

Cala Fetente

Free beach, partly equipped (sunbeds, umbrellas, bar and restaurant), bookable online.

 [Open map](#)

08

Experiences

Boat trips to the caves, half-day and full-day tours with licensed guides, car service and car rental: message us and we'll organise everything.

[See tours and services](#)

09

Before you leave

Check-out is by 11:00. We only ask a few small things:

☐ Switch off the air conditioning and lights, and close the windows.

☐ Put your rubbish in the recycling bins on the balcony.

☐ Leave the dishes clean, or load the dishwasher.

☐ Leave the keys on the kitchen table.

☐ When you leave, make sure the flat door is properly shut.

☐ Drop us a line when you leave: it helps us plan the cleaning.

Enjoyed your stay? A review on Airbnb or Booking.com means a lot to us. And next time you can book directly on our website.

[Book direct](#)

10

Useful contacts

For anything at all, however small, message us. And if we forgot something or could do better, please tell us too.

Nicolò

HouseKeeper

[WhatsApp](#)

[+39 379 192 3461](#)

[Email](#)

Francesco

The flat, your stay and bookings · Speaks Italian, English, German

[WhatsApp](#)

[+39 344 140 5296](#)

[Email](#)

Natalia

Tours, excursions and services · Speaks Russian,
Italian, English

WhatsApp

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Email

Emergencies: 112 (free EU emergency number). Tourist medical service and on-duty pharmacies: ask us and we'll point you to the nearest.
